## **Pre-Procedure Check List for Dr. Edward Pang's Patients:**

READ COMPLETELY, IF YOU DO NOT UNDERSTAND PLEASE ASK BEFORE YOUR PROCEDURE, FAILURE TO COMPLY MAY RESULT IN CANCELLATION OF YOUR PROCEDURE BECAUSE OF SAFETY ISSUES

## Please **DO**:



- Take all blood pressure pills and heart medications prior to the procedure; your procedure will be cancelled if your blood pressure or other vital signs are unstable
- Must have a driver to take you home
- Arrive one (1) hour before the scheduled time, if you are not checked in at the Ambulatory Surgery Center by the above time, your procedure may be cancelled
- Tell us if you have ANY allergies to medications, including contrast dye, iodine or iodine containing substances, latex, or steroids. You will require special preparation prior to the procedure & if not disclosed until the day of the procedure we may need to reschedule
- If female, make sure that you are **not pregnant**; if there is ANY chance that you are pregnant or you are unsure let us know BEFORE the procedure date. The X-Rays used during the procedure may harm your baby.
- Resume all heart and blood pressure medications after the procedure

## Please DO NOT:



- You will require clearance from prescribing physician prior to stopping any blood thinning medications. See below for specific guidelines:
  - Aspirin or aspirin containing products: in general you may continue aspirin medication unless told otherwise. If needed, stop 6 days prior to procedure and then restart 24 hours after procedure.
  - <u>NSAIDs (Ibuprofen, Naproxen, Meloxicam, Diclofenac, Motrin, Aleve, Celebrex etc):</u> in general you may continue NSAID medications unless told otherwise. If needed, stop 1-4 days prior to procedure and then restart 24 hours after procedure.
  - <u>Coumadin (Warfarin)</u>: stop **5 days prior** to procedure then may bridge with lovenox (see below guidelines for lovenox). Also will require INR to be < 1.2 prior to procedure. May restart **24 hours after** procedure.
  - <u>LMWH (Lovenox)</u>: If for therapeutic treatment, stop **24 hrs prior** to procedure and restart **12-24 hrs after** procedure. If for prophylaxis, stop **12 hours prior** to procedure and restart **12-24hrs after** procedure.
  - <u>Clopidogrel (Plavix)</u>: stop **7 days prior** to procedure, and restart **12- 24 hours after** procedure
  - <u>Dabigatran (Pradaxa), Rivaroxaban (Xarelto), Apixaban (Eliquis)</u>: stop 3 4 (Pradaxa) days prior to procedure and then restart 24 hours later. Consider bridging with lovenox
- Fish Oil, Vitamin E, Ginko biloba: stop 5 days prior to the procedure date
- Do Not eat or drink 6 hours before the procedure. If you require heart or blood pressure
  medications you may take these with sips of water at least 1 hours before the above arrival time



### **Specialty Surgical Center of Beverly Hills**

8670 Wilshire Blvd Suite 300 Beverly Hills, CA 90211 Cross street: Willaman Dr.

Between Robertson Blvd and La Cienega Blvd

(310) 275-1646

www.sscbeverlyhills.com

## Date of Procedure: Arrival Time:





### **Precision Ambulatory Surgery Center**

450 N. Roxbury Dr., Suite 240 Beverly Hills, CA 90210

Cross street: S. Santa Monica Blvd.

Between Santa Monica Blvd and Wilshire Blvd

(310) 651-2050

https://beverlyhillsasc.com/pasc/



# Date of Procedure: Arrival Time:



### **Advanced Surgical Center of Beverly Hills**

8750 Wilshire Blvd. Suite 150 Beverly Hills, CA 90211 Cross street: N. Robertson Blvd

(424) 382-1137

https://www.advancedsurgicalcenterofbh.com/

Date of Procedure: Arrival Time:

